



Ask Me Anything - Part 3 Study Guide

[Watch the Sunday Sermon HERE!](#)

This week's question: *What do you do when, even though you believe in God in your head, you can't feel Him in your heart?*

Can you personally relate to this question? Why or why not?

What are the choices we have when we go through a "dry spell" with God? How have you reacted in the past when the "feeling" of God was gone?

Four Things to Remember When You Can't Feel God in Your Heart:

1. You're in good _____...

What did Eric mean by this? (see Psalm 88, Judges 6:13)

2. ...so be honest with _____...

What would it look/sound like to be honest with God in a dark or dry season?

3. ...but check your _____...

Why is it a bad idea to let your emotions be your guide and to "just follow your heart"? (see Jeremiah 17:9)

4. ...with your _____...

What are essential Christian convictions, and how can we use them to check our emotions? Why is this important?

The STORY CHURCH

The Apostle Paul, who went through several dark, dry seasons that we know of, constantly made it a point to give God thanks and praise, no matter the circumstances (see 2 Corinthians 11:23-28, Romans 11:33-36). Why is it important to thank God for who He is, and not just for what He can give you?

Given this week's message, and upon further reflection here, what would you say to a friend who tells you they can't seem to feel God anymore? Be specific and put it in your own words.