



True Lies - Part 1 Study Guide

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This week's 'True Lie': *Be True To Yourself*

1. Have you or someone you know ever used the phrase 'be true to yourself'? What did you or the other person mean when it was said?
2. What are some positive ways we can interpret this phrase? What are some negative ways we can interpret this phrase?
3. Read Romans 12:9. How have you struggled to properly live and love authentically? How can you
4. Read Psalm 139:23-24. What are some of the ways that you put yourself in the place of God? How can you
5. Read Luke 9:23-25. How can you increase your desire to *want* to follow Jesus?

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6. Regarding the question: 'Do you want to be a disciple of Jesus or a disciple of yourself?' How is living a life being a disciple of Jesus more true and better than living a life centered around yourself?

7. Read Ephesians 4:21-24. What does it mean to put off the old self and put on the new self? How does renewing the attitude of your minds help with this?

8. Have you ever had an "Etta" in your life? How has the example of seeing someone faithfully follow Jesus for a long time helped you in your faith?

9. How can you stay true to your very self (Luke 9:25), the self that you were created to be, while staying true to the Truth?