

## SUNDAYS IN JULY 9:40 | 11:05 | 5:00 PM

QUESTION #6: Are We Dealing with Our Issues?

fb/ig: @thestoryhouston @pastorerichuffman www.thestory.church August 13, 2017

Throughout this series, we're rolling out <u>Ten Ground Rules for Real Romance</u>. Here are the first seven:

- 1. SINGLE ≠ INCOMPLETE
- 2. CHARACTER > CHEMISTRY
- 3. FRIENDSHIP FUELS REAL ROMANCE
- 4. SOULMATES ARE MADE, NOT BORN
- 5. SEX IS OVERRATED...AND UNDERVALUED
- 6. PROFILES ARE PEOPLE, TOO
- 7. PEOPLE CAN CHANGE

Today's Ground Rule: #8 Healthy Couples Fight Fair

In your experience, what are the most common reasons couples fight?

Have you ever gotten the impression - either from entertainment/media or sources closer to home (like your parents) - that fighting is *unhealthy?* What's wrong with that idea?

CONFLICT in a relationship isn't	
but	
is <i>always</i>	·

What are some ways couples **FIGHT DIRTY?** 

Which of these tactics have you used when fighting with a boyfriend/girlfriend or spouse? What was the result?



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Blessed are the PEACEMAKERS for they will be called children of God.

- Matthew 5:9

## FIVE WAYS healthy couples FIGHT FAIR:

1.	
	A soft answer turns away wrath, but a harsh word stirs up anger Proverbs 15:1 Why is this important? What makes it so difficult?
2.	
	Stop passing judgment on one another. Instead, make up your minds not to put a stumbling block or
	obstacle in the way of a brother or sister Romans 14:3
	Why do you think we're prone to bringing past fights into a current conflict?
3.	
Why do you fight and argue with each other? Isn't it because you are full of selfish desires that	
	fight to control your body? You want something you don't have, and you will do anything to get it James 4:1-2
	What's the value in starting with self-examination?
4.	
	So then let us pursue what makes for peace and for mutual upbuilding Romans 14:19 What are the key differences between a team victory and personal victory?
5.	
	Therefore, confess your sins to one another and pray for one another, that you may be healed. The
	prayer of a righteous person has great power as it is working James 5:16 What are some of the benefits to praying for and with each other?

What are some strategies for fighting fair in the heat battle?

Write your own notes, questions, and reflections here: