



**Personal & Group Study Guide:** April 3, 2022

**Message Series:** The Purpose of Pain: How Jesus Makes Sense of Our Suffering

**Message Title:** AFFLICTION (Part 5)

**Series Intro:** Why does God allow pain and suffering? Why do bad things happen to good people? Whether you're a believer or a skeptic, these questions are near to all our hearts. With this series, we'll explore these questions in pursuit of God's Truth.

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What is an affliction? How have you experienced physical afflictions and how have they affected you, your relationships, and your faith?

Why do you think churches tend to talk more about emotional pain (ex, "God wants to mend your broken heart") than physical pain (ex, "God wants to heal your broken body")? What are some of the reasons why it's important for believers to talk about physical afflictions?

**Read 2 Corinthians 4:7-18.** List some of the ways that the Christian interpretation of pain stands apart from other religions and worldviews.

**Read Luke 23:36-43.** What were some of the bodily afflictions that Jesus endured, and why does it matter to Christians that Jesus experienced real, physical pain?

### **3 Ways Jesus Overcame Physical Pain/Afflictions**

1. Jesus \_\_\_\_\_ (but only to \_\_\_\_\_)

*Notes:*

2. Jesus \_\_\_\_\_.

*Notes:*

3. Jesus \_\_\_\_\_.

*Notes:*

What can you learn from the way Jesus overcame bodily pain? What obstacles stand in the way of you dealing with your pain more like Jesus did?